



## Felice Stollo

Date of birth: 06/04/1950 | **Nationality:** Italian | **Gender:** Male |

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Via degli Scipioni, 175, 00192, Roma, Italy

### WORK EXPERIENCE

21/07/1976 – 31/12/2012 – Rome, Italy

**SENIOR SCIENTIST - ENDOCRINOLOGY** – IRCCS INRCA - ITALIAN NATIONAL RESEARCH INSTITUTE ON AGING

He was the head of the Endocrinology Unit in Rome, and from 2006 to 2012 chaired the National **Functional Department on Food, Metabolism, and Wellness of the Italian National Research Centers on Aging (INRCA)** from 2006 to 2012.

01/03/2013 – 30/09/2014 – Rome, Italy

**SENIOR SCIENTIST - ENDOCRINOLOGY** – SANTO SPIRITO HOSPITAL

He was the Head of the Diabetes Unit

01/10/2014 – CURRENT – Rome, Italy

**SENIOR SCIENTIST - ENDOCRINOLOGY** – IRCCS SAN RAFFAELE PISANA

He performs clinical and research activity in the field of Diabetes and Endocrinology with a special interest in Rehabilitation and Aerospace adaptation

01/11/1986 – 31/12/2006 – Rome, Italy

**TEACHER OF HUMAN SPACE PATHOPHYSIOLOGY** – UNIVERSITY OF ROME, SAPIENZA, POSTGRADUATE SCHOOL OF AEROSPACE MEDICINE

He as **PI and Co-PI of two ESA-NASA** space missions (**Spacelab, 1983 and D2, 1993**) and **PI of several Italian** Space Contracts since 1991, and trained several doctors to conduct space research efficiently

01/10/2014 – CURRENT – Rome, Italy

**CHAIR OF THE ENDOCRINOLOGY UNIT** – LAVINIO DIAGNOSTICA SRL

### EDUCATION AND TRAINING

21/06/1974 – Rome, Italy

**HE GRADUATED IN MEDICINE** – University of Rome, Sapienza

28/07/1977 – Florence, Italy

**HE POSTGRADUATED IN ENDOCRINOLOGY** – Florence University

20/06/2005 – Camerino, Italy

**HE GOT THE MASTER IN BIOETHICS** – University of Camerino

## ● LANGUAGE SKILLS

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Mother tongue(s): **ITALIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ENGLISH</b>	C1	C2	C2	C2	C2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## ● DIGITAL SKILLS

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Microsoft Office | Outlook | Social Media | Zoom

## ● COMMUNICATION AND INTERPERSONAL SKILLS

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### Vice-President of the Italian National Association of Athletes with Diabetes

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He is • **Diabetes Educator**, **ANIAD's Vice-President** (Italian National Association of Athletes with Diabetes), and delegate of the **International Diabetes Federation (IDF)**. This testifies in favor of his advocacy skills for the sake of people with chronic diseases.

His bioethics background has improved his innate intercultural mediation capabilities and he became a **member of the Bioethics Committee of the Free San Marino Republic**.

He is also a **board member of the European Society of Aerospace Medicine (ESAM) Academy**.

Moreover, he is a **member of the 108L Lions District Diabetes Committee**.

## ● HONOURS AND AWARDS

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### VicePresident – Associazione Italiana di Medicina Aeronautica e Spaziale (AIMAS)

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He is also a member of the "Internationalis Astronautica Accademia" (**IAA**) and acts as **reviewer** for several scientific journals in the fields of aerospace and endocrinology

## ● PUBLICATIONS

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### He published over 100 papers in indexed journals

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*Here are the 10 main recent publications*

- 1) Strollo F, Vernikos J. Aging-like metabolic and adrenal changes in microgravity: State of the art in preparation for Mars. *Neurosci Biobehav Rev.* 2021 Mar 20;126:236-242.
- 2) Strollo F, Gentile S, Strollo G, Mambro A, Vernikos J. Recent Progress in Space Physiology and Aging. *Front Physiol.* 2018 Nov 12;9:1551. doi: 10.3389/fphys.2018.01551. eCollection 2018.
- 3) Gentile S, Furia A, Strollo F. Aircraft pilot licence and diabetes. *Diabetes Res Clin Pract.* 2020 Mar; 161:108047. doi: 10.1016/j.diabres.2020.108047. Epub 2020 Feb 1.
- 4) Strollo F, Simons R, Mambro A, Strollo G, Gentile S. Continuous Glucose Monitoring for In-Flight Measurement of Glucose Levels of Insulin-Treated Pilots. *Aerosp Med Hum Perform.* 2019 Aug 1;90(8): 735-737
- 5) Strollo F, Gentile S, Strollo G, Mambro A, Vernikos J. Recent Progress in Space Physiology and Aging. *Front Physiol.* 2018 Nov 12;9:1551 doi: 10.3389/fphys.2018.01551. eCollection 2018.
- 6) Gentile S, Strollo F; Nefrocenter Research Study Group. Cost saving effects of a short-term educational intervention entailing lower hypoglycaemic event rates in people with type 1 diabetes and lipo-hypertrophy. *Diabetes Res Clin Pract.* 2018 Sep;143:320-321.
- 7) Gentile S, Strollo F, Viazzi F, Russo G, Piscitelli P, Ceriello A, Giorda C, Guida P, Fioretto P, Pontremoli R, De Cosmo S, The Amd-Annals Study Group. Five-Year Predictors of Insulin Initiation in People with Type 2 Diabetes under Real-Life Conditions. *J Diabetes Res.* 2018 Sep 19;2018:7153087. doi: 10.1155/2018/7153087.
- 8) Strollo F, Macchi C, Eberini I, Masini MA, Botta M, Vassilieva G, Nichiporuk I, Monici M, Santucci D, Celotti F, Magni P, Ruscica M. Body composition and metabolic changes during a 520-day mission simulation to Mars. *J Endocrinol Invest.* 2018 Nov;41(11):1267-1273.
- 9) Emerenziani GP, Gallotta MC, Meucci M, Di Luigi L, Migliaccio S, Donini LM, Strollo F, Guidetti L. Effects of Aerobic Exercise Based upon Heart Rate at Aerobic Threshold in Obese Elderly Subjects with Type 2 Diabetes. *Int J Endocrinol.* 2015;2015:695297. doi: 10.1155/2015/695297.
- 10) Strollo F, Vassilieva G, Ruscica M, Masini M, Santucci D, Borgia L, Magni P, Celotti F, Nichiporuk I. Changes in stress hormones and metabolism during a 105-day simulated Mars mission. *Aviat Space Environ Med.* 2014 Aug;85(8):793-7.